



Rector's Reflections

Jesus said, "Come away to a deserted place by yourselves and rest awhile." (Mark 6:30).

The disciples have been out in the world doing Jesus' work of healing and peacemaking and liberating. They've done amazing and even miraculous things, but there is still so much work to do that they can't even find time to eat.

I think most of us can relate to that feeling. We just have so much to do — most of it good, important and worthwhile — that there is no time to rest. We just move on to the next thing. And the next. And the next. And we arrive back home exhausted, our "to do" list no shorter for having spent the day doing what we feel we are called to do. The very idea of taking time apart to rest and do *nothing* seems like a selfish indulgence. Before we even realize it—or maybe we *do* realize it, but don't know what to do about it—we are running on empty.

I have been reading Shauna Nieuquist's *Present Over Perfect: Leaving Behind Frantic for a Simpler, More Soulful Way of Living* this summer. Shauna notes that we Christians have become frantic and driven do-ers. We want to make a difference in the world—to be agents of God's reign. But in our efforts to serve God, family and neighbor, many of us find ourselves unable to connect with God any other way. We do *for* God, instead of being *with* God. Shauna writes poignantly:

"Productivity became my idol ... I couldn't imagine a world of unconditional love or grace, where people simply enter into rooms because the door is open to everyone. The world that made sense to me was a world of earning and proving, and I was gutting it out just like everyone around me, frantically trying to prove my worth ... The hustling that had so deeply compromised my heart was an effort to outrun the emptiness and deep insecurity inside me."

She writes about how, in her desire to please God, she had begun to bring only her achievements—or her apologies for failing to achieve more—to God, "as though God is the foreman of the factory, punching our time cards."

Then one day, Shauna took Jesus seriously when he said, "Come away to a deserted place by yourself and rest," and she discovered that far from being self-indulgent, resting is vitally important to our health, to our souls, and ultimately, to the world. God longs for us to come away and simply be with the One who loves us; loves us not for all the good, important and worthwhile things that we *do*, but for the good, important and worthwhile people we *are*—God's beloved children.

Coming away and resting in silence, allowing ourselves to be seen, known and loved by God, is also the centerpiece of my study and practice with the Shalem Institute (<https://shalem.org/>). I spent ten days in residence with

pilgrims from across the country and Shalem's faculty reading, talking, praying and keeping silence together about how resting in God's love—finding time every day to do nothing except be known and loved by God—changes everything.

Resting creates time and space to connect with the Holy One who lives within. Beneath the noise, the busyness, the stress, the incessant needs of the world, there exists a peaceful, vast, loving center: One who loves us not for what we do, or produce—even when the doing or producing is for God—but for being God's children.

And as Shauna writes, *"It is only when you understand God's truly unconditional love that you begin to understand the worth of your own soul—not because of anything you've done, but because every soul is worthy, every one of us is worthy of love, having been created by and in the image of the God of love."*

She concludes,

"When I practice silence just for a few minutes, when I practice allowing myself to be seen and loved by the God who created me from dust, I start to carry an inner stillness with me back into the noise, like a secret. There's a quiet place inside me that I bring with me, and when I start to feel the questions, the fear, the chaos, I locate that quiet, that stillness, that grounded place ..."

When you begin to carry God's love and true peace deep within your actual soul like a treasure chest, you realize that you don't have to fling yourself around the planet searching for those things outside yourself. You only have to go back into the stillness to locate it. The treasure you've been searching for—for so long—was there all the time.

Jesus says, "Come away to a deserted place by yourselves and rest awhile."

As fall returns and the pace of your lives pick up again after the summer, I hope you will take Jesus' invitation to heart. Make time each day to come away to a deserted place and know that God dwells within you and with each beat of your heart is saying "I love you."

In faith,

Nancy+



What is a Deacon?

On June 9th, I was ordained to the Sacred Order of Deacons — Great! What does that mean?

First, the understanding of a deacon is dependent on our understanding of the laity, and what it means to be “the baptized” in our world today. For us as Episcopalians, the laity, through baptism, is the prime order of the Church. It is the order where the main mission and ministry of the Church is to take place.

That’s right! Hand-in-hand as the baptized laity, we are more important than bishops, priests or deacons! So why do we have these orders? We have these orders to enhance the life and mission of the laity.

So what is a Deacon’s role? A deacon is ordained by their bishop to a ministry of servanthood; we are to serve all people, but our priority are those who are often forgotten by the world and by the church — the poor, the lonely and the sick.

We also are to serve and bring dignity to those who are often demonized by the church and the world — prisoners, immigrants, refugees, the addicted. Deacons are to remind the church that when we serve the least among us, we are serving Christ Himself.

Because we are bi-vocational, we have one foot in the church and one foot in the world: We are ordained to be bridges between the church and the world. We are to interpret to the Church the needs, hopes, concerns,

and fears of the world, so that the Church may be more responsive and responsible in her mission.

We are ordained to call out the Church in her own hypocrisy, and to point out the contradictions between her theology and her actions.



In the life of the parish, deacons are to help empower, support and lead the laity out into the world in their mission. ALL baptized persons are called to care for the poor and sick; the deacon supports and leads the laity in doing so.

These roles are made manifest in our liturgy. In our liturgy you may notice that I hold books for Nancy, I bear and read the Gospel, I occasionally preach, I bid the confession of sin, I set and tend to the table, and I send the congregation out into the world.

These roles in liturgy are very fitting to what a deacon is ordained to be: Deacons are to be icons of Christ the Servant, proclaimers of the Good News to the Church and to the World, and to lead the people of God out into the world to be Christ in our daily lives.

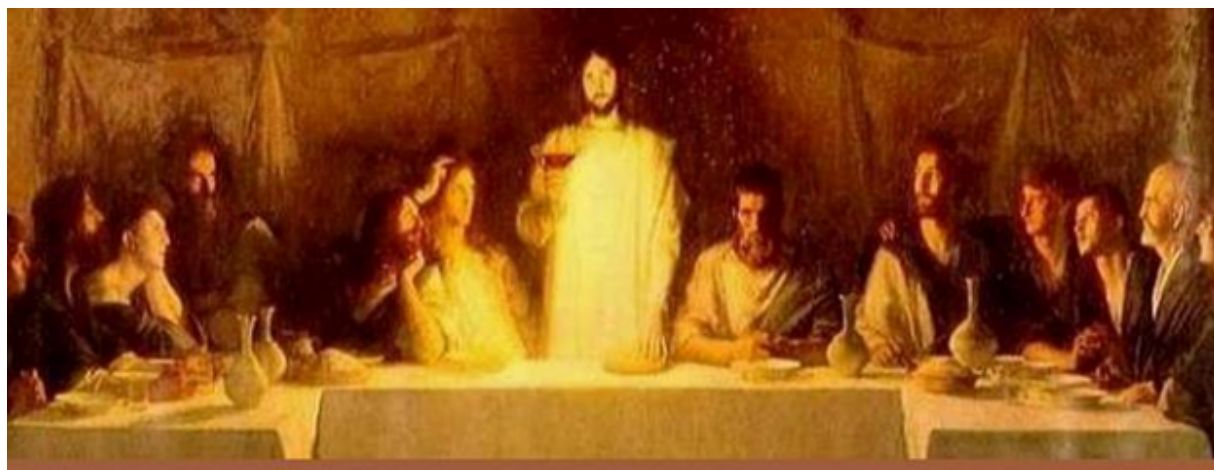
At our core, a deacon’s heart is one that is devoted to Christ’s Justice and Mercy. If you feel you are being pulled to serve as a Deacon, please let me know! And pray for the Church to have more Deacons — we need them!

Deacon Matthew

Remember!

The best way to publicize all things Trinity is by word-of-mouth, of course — BUT, the next best way is to click the SHARE button located underneath each of Trinity’s Facebook posts that come across your Facebook feed, so that all of your Facebook friends will be able to see the post in their own Facebook feed. Thank you!





Did you know that we celebrate the Eucharist every Wednesday at Trinity Buckingham?

At **10 am** each week, in the Reed Chapel, we gather to give thanks to God for the many blessings of this life, to pray for those whose names were offered in the prayer basket on the previous Sunday, to talk once more about the Sunday scriptures and the sermon, and to break bread together. "These forty minutes and the fellowship that follows are like an anchor in my week," says Trinity parishioner Woody Kiel.

You are invited to anchor yourself at Christ's table, too.



Wondering how faith can make more of a difference in your day-to-day life? Wish you knew more about the Bible? Passionate about social and ecological justice? Longing to talk about things that matter with a trusted group of companions? **Education for Ministry (EfM)** might be just what you're looking for.

EfM is a program of adult spiritual formation for lay people that is overseen by the School of Theology at the University of the South (Sewanee). The 36-week program nurtures the spirit and the mind and the body through weekly small group gatherings.

Facilitated by trained mentors, the group studies scripture, church history, liturgy, and theology (and, of course, fun and fellowship) to explore God's ongoing activity in the world and how each of us is called to take part.

If you would like more information, please contact Nancy Dilliplane rector@trinitybuckingham.org 443-752-9684, or Liz Oliver lizfieldingo@yahoo.com 215-493-1773.

Sunday School and Children's Ministries

To kick off our new educational year, Bob Kinney, Trinity's Spiritual Growth Coordinator on the Vestry, will be holding a meeting in Faith Hall on **Sunday, September 16th from 9:45 am to about 10:45 am** to discuss Christian formation for our children.

All teachers, families, and interested people are invited to attend. Pastor Nancy will also be joining us.

The purpose of the meeting is to come together to discuss our ideas and goals regarding our children's education and how to move forward to achieve these needs —

What type of activities or programs would parents like to see for their children? How would these activities/education fit best in their lives? Can we coordinate or mesh events together? It also will give us time to get to know one another. We then will use your ideas and suggestions as we plan our educational programs.

Thank you for your support for our Christian Education in the past, and I look forward to your continued support this year.

God Bless,
Sallee Lord



The Sunday School Lenten Project

Trinity Sunday School children collected \$105.00 this year. With that money, five ACME gift cards were purchased to be given to people in need who come to the church office looking for help. Also, a can of Maxwell House coffee was purchased for the **Christmas in July** food collection. Many thanks to all children and parishioners who participated.

Office Note: These gift cards for those seeking assistance are always much appreciated. Thank you all very much.

Cynthia Goode

Nursery Care Providers Needed

After two years of love and care of our youngest members, Arielle Stover is leaving her position as Trinity's Sunday (and special parish-wide event) nursery care provider.

If you or someone you know is interested in staffing the Trinity Buckingham nursery, please contact the church office office@trinitybuckingham.org or 215-794-7921.

We extend our warmest wishes and deepest thanks to dear Arielle for her devoted service, and for the unbounded love and care she offers to our youngest parishioners!

Good "Penmanship" Reported at Trinity



Deacon Matthew coordinated a drive during the month of August to collect 1,200 pens for The Simple Way school supplies drive for economically challenged families throughout the city of Philadelphia.

The final Trinity Buckingham contribution total:

1,996 pens!

New Life-Saving Technology Comes to Trinity

With a significant contribution from Trinity's Episcopal Church Women (ECW) and another parish family, Trinity is pleased to announce the addition of an Automated External Defibrillator (AED).

This device will visually and audibly guide a user on what to do in case of medical, heart-related emergencies.

The alarmed unit (no keys involved) will reside outside the ladies' restroom, and a sign near the door in Faith Hall indicates where the AED can be found.

While Trinity hopes this technology is never needed, the parish is grateful to offer this new layer of emergency safety. Thanks to everyone for contributing to ECW's sales, which helped make an on-site AED a reality at Trinity!

Cynthia Goode



ECW (Episcopal Church Women)

ECW had another very successful year! The Spring Rummage sale did very well, thanks to all the people who volunteered. This event takes so much work as we have all the rummage to be organized in Pierce Hall, along with the clothing and luncheon in Faith Hall. Once again, people came through so we were able to give to many local organizations.

We donated \$4,800.00 to local organizations and causes including Ann Silverman Clinic, Pro-Act (Addiction), NOVA, Philadelphia Episcopal Community Service, Welcoming the Stranger, the Bucks County Housing Group, Doylestown FISH, the New Britain Food Larder, and the Rector's Discretionary Fund. Monies were also set aside to buy a defibrillator for the church. Thank you!!!!!!!

Any woman in the church is a member of ECW — please join us for a meeting! The next one is **Wednesday, October 3rd at 12 noon in Faith Hall**. Bring a lunch! We will be talking about the October 27 Fall Sale.

Mary Beth Perisho

Recently Seen at Trinity.....

... very fashionable gentlemen at the 9:30 am summer Sunday service.

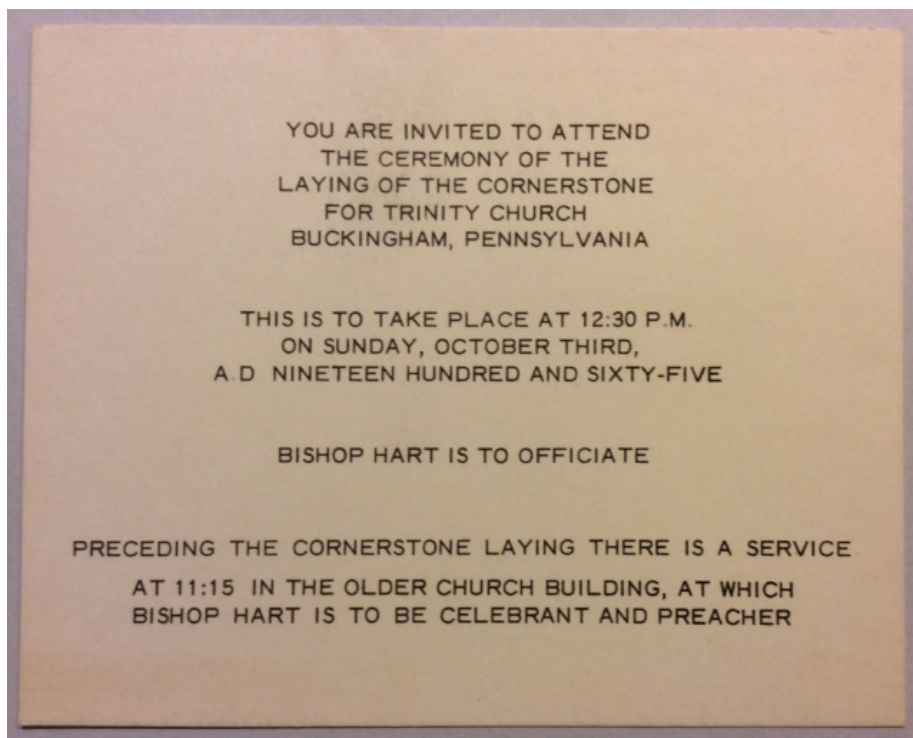


From the Archives

Our dear friend Mark Barnard, who passed away in June, had begun a column for The Trinity Times called "From The Archives." Mark's contributions to the last two issues of The Trinity Times consisted of information related to the process of planning and building our current facility.

For this issue, and in memory of Mark, we are including the actual invitation from 1965 inviting members the congregation to attend the Laying of The Cornerstone officiated by Bishop Hart.

Marty Gillen



Getting to Know You



Say Hello to Lue Hansen!

Lue was born in 1922 and lived in the Pittsburgh suburbs. At the age of eight years old, she was baptized, by complete immersion, in the "Christian Church." As a child, she loved to dance, taking tap, toe, ballet and acrobatics. At 12 she began teaching the moms in the neighborhood how to tap!

Lue attended Bethany College, majoring in Biology. She taught at Thiel College as an emergency replacement for a Dr. Gambel. Jerry, thinking he would have his favorite teacher, Dr. Gambel, instead was in her class. But they soon fell in love and married in 1949. They have three children — Leslie (Gigi, in Australia), Jerry (in North Carolina) and Sue.

Lue taught for many years at Buckingham Elementary School (she had a Crooke child in her class). Her passion

still was dance, and she taught at the CB Senior Center. It was there she started the famous senior "Toe Tappers," who perform all over Bucks County. Lue tapped well into her 80's.

Jerry passed away in 1999 after suffering for many years with diabetes and dementia.

Lue is a very positive person, with a zest for life!!!!!! If you don't know Lue, she attends the second service on Sundays — say "hello"!

Mary Beth Perisho

Music Notes — A Trio of Fall 2018 Events Not To Be Missed!

Sunday, September 23, 4:30 pm — Brian Pastor Band

Sponsored by Jazz Sanctuary



The poster features a large, stylized graphic of a trumpet in the background. The text "THE BRIAN PASTOR BIG BAND" is prominently displayed at the top. Below this, it says "CONCERT AND DANCE" in bold. The event details are listed: "Sunday, September 23rd at Trinity Buckingham Church 4:30 – 6:30 pm". A small photo of Brian Pastor holding a trumpet is on the left. The text continues: "Come to hear great big band sound and dance to your favorite big band tunes — bring your dancing shoes!". At the bottom, it states "General Admission \$15 at the door and online @ www.trinitybuckingham.org". The footer includes the church's address: "TRINITY BUCKINGHAM CHURCH | 2631 DURHAM ROAD | ROUTES 202 & 413 | BUCKINGHAM, PA | TRINITYBUCKINGHAM.ORG".

**Thursday, October 18, 7:30 pm — Phyllis Chapell
with the ALAN SEGAL QUINTET**

Phyllis Chapell, vocalist/guitarist hailing from Philadelphia, PA, performs a unique mix of jazz, originals, folk, pop and international music, including songs in up to 13 languages from the U.S., Brazil, Latin America, Europe, Africa, and the Middle East. She has released multiple CDs (as a solo artist and with her internationally known world jazz ensemble Phyllis Chapell & SIORA) and several videos, all available at www.phyllischapell.com.

Phyllis Chapell has been named as one of the top jazz vocalists of all time by Scott Yanow (Down Beat, Jazz Times and AllMusicGuide) and was named one of IndieMusic's Top 25.



**Thursday, November 8, 7:30 pm — Wendy Simon
with the ALAN SEGAL QUINTET**

Wendy started her career in New York City, appearing in Off-Broadway and regional theaters as an actress/singer and performing in clubs throughout Europe and Casablanca, Morocco and the East Coast, including The Village Gate in New York City, Starlight Room in Boston, Harrah's in Atlantic City, and clubs in the Greater Philadelphia Metropolitan area.

Wendy's group *52nd Street* earned international recognition for their swinging, be-bop, scat-singing style with the release of their album *Scrapple to the Apple*. Wendy establishes a strong connection with the audience and is known for her diverse mix of material including swinging be-bop songs, Brazilian bossas/sambas, and her own jazzy-spin on pop and standards.



Rector's Warden Report

There has been a lot happening at Trinity these past few months. As you know, we've lost several long-time parishioners including Mark Barnard who was a dear friend and a fellow vestry member. At Mark's service many parishioners helped to guide visitors and family members through our campus. Others did a wonderful job cleaning and sprucing up the grounds. His beautiful service displayed Trinity at its very best! Mark's position on the vestry will most likely remain vacant until our next election of members at the annual meeting in January when we will have several vacancies to fill.

On a happier note, our Rev. Matthew Simpson was ordained a Deacon in the Diocese of Pennsylvania in June. Officially, Matthew works for the bishop and will assist other churches in the deanery, but he is assigned to Trinity Buckingham. We are very lucky to reap the benefits of Matthew's talent and his assistance with liturgical duties and with the Community of Hope.

About property issues, the vestry has established three committees to research the disposition of Pierce Hall. Their main focus is to determine how we can best replace the Pierce Hall space that is still used by various groups. Lately, we also received a few contracts for rentals in Pierce Hall. So we still utilize the space it provides.

In our main building, new baseboard toe molding was installed to replace the deteriorated molding. Exterior directional signs for the parking lot and entrances are being fabricated and should be installed soon. They will match the same color scheme as our Trinity Buckingham sign out front.



In addition, the installation of a hand railing along the ramp to the center lobby is being researched. Also, an Automated External Defibrillator (AED) was purchased and is installed in the Academy entrance area.

Church growth and Christian education are topics that are being addressed at vestry meetings at present. The Academy is also in search of a new director for the next school year. These are a few of the many priorities and challenges being worked on. Your prayers will help us resolve any issues or concerns that may arise as we work through them.

Lastly, to keep you better informed of vestry activities, we have decided to provide you with an update of our activities on Sundays following each vestry meeting. A vestry member will provide a short briefing of the last meeting's activity.

Another action the vestry decided upon was to have a member available every Sunday morning in case of an emergency or event in need of action or attention. The Vestry-On-Call member is posted in the Sunday leaflet along with other individuals on duty.

I'm looking forward to the Fall and many more happy times at Trinity!

Peace.

Dom De Caprio
Rector's Warden

Our Church Family

Births

Annalise Prasto - May 18, 2018
Camille Elle Carr - July 19, 2018

Baptisms

Leo Siliani - April 8, 2018
Ellie Prokopsk1 - April 8, 2018
Nolan Adams - April 15, 2018
Rilynn Louise Overington - May 27, 2018

Deaths

Barbara Kennedy - March 17, 2018
Elizabeth Rae Russell - April 1, 2018
Michael Norvell - April 6, 2018
Rose Grant - April 13, 2018
Ken Kitson, Jr. - May 16, 2018
Mildred Grove - May 17, 2018
C. Mark Barnard - June 24, 2018
Mae Pechal - July 15, 2018

Confirmation Class News



Trinity's latest class of youth confirmands was enrolled at the all-parish worship service on Pentecost. Connor Bannon, Christopher Bannon, Madelyn Bannon, Brooke Dougherty, Lily Gilbert, Faye Gilbert, Sarah Goggin, Jack Harar, Josh Huddy, Gianna Jaedicke, Paige Keller, Patrick Keller, Chip Reichenbach, Ellie Reichenbach, Will Reichenbach, Austin Stalker, Livvy Wanzer and Maddie Wanzer are seeking to renew the commitment to Christ made on their behalf when they were baptized. God willing, they will be confirmed on Palm Sunday, April 14, 2019.

They have pledged, with God's help,

- to be regular attenders of Sunday worship, so that they may hear God's word and celebrate the mystery of Christ's dying and rising
- to participate in a life of service to those who are poor, outcast or powerless
- to strive to recognize their God-given gifts and discern how to use them on behalf of God's reign of peace and justice

And Trinity, Buckingham promises, with God's help,

- to keep them in our prayers
- to share our ministries with them
- to bear their burdens
- to forgive them
- to encourage them as they grow in the knowledge and love of God and in their love and service of others

The confirmation class meets on the second Sunday of each month for study, prayer and fellowship. Over the summer they and their families have been reading together *Jesus Was an Episcopalian* by Chris Yaw and *What is the Bible?* by Rob Bell. We are looking forward to discussing both books on Sunday, September 16, from 5:00 to 7:00 pm in Faith Hall.

In fact, we've been enjoying these books so much that Nancy and Matthew have decided to expand the conversation to the entire parish during this Fall's Faith Forums!

Would you like to be confirmed or received?

Bishop Guterrez will make his visit to Trinity on Palm Sunday, April 14, 2019. At that time, in addition to confirming teens, the Bishop will confirm or receive adults who would like to make a formal confession of membership in the Episcopal Church. If you would like to explore what being an Episcopalian means in the twenty-first century, please contact Nancy at Rector@trinitybuckingham.org.

Community of Hope International's First Bucks County Class Is Commissioned As Lay Pastoral Care Givers by Bishop Gutierrez



Members of Trinity Buckingham, Trinity Solebury, Good Shepherd Hilltown and St. Philip's New Hope marked the completion of a 14-week program of spiritual formation with a celebration of Holy Eucharist at which Bishop Daniel Gutierrez commissioned them as lay pastoral care givers. The group continues to meet monthly as a Circle of Care, to deepen their practices of Benedictine spirituality and to support one another in their caring ministries in the parish, at home, in hospitals, in nursing facilities, and in the wider community.

A cohort will be forming this fall with another 14-week program of formation. For more information please contact Joanne Welker joannewelker@comcast.net or Marty Gillen martygillen@gmail.com.

Fall Faith Forums



Trinity's Confirmation class has been reading Chris Yaw's introduction to the Episcopal Church entitled *Jesus Was an Episcopalian*. Intriguing title, no? It's a great read, and we'd love to talk about it with anyone and everyone at our Fall Faith Forums starting on October 7th at 11:45 am in Reed Chapel.

**JESUS WAS AN
EPISCOPALIAN**
(and you can be one too!)

A Newcomer's Guide to the Episcopal Church

Chris Yaw

Come Read With Us ...

**The Book of Joy: Lasting Happiness
in a Changing World**

by

The Dalai Lama and Desmond Tutu

Join us

immediately after
the 10:15 am service
in Faith Hall
September 9th

Trinity Book Club



Conversations on Science and Technology

Your Brain and God

I recently read *What Religion Does To Your Brain* by Ana Sandoiu, Medical News Today, July 20, 2018. In the article she discusses the recent research of several neuroscientists, including Dr. Andrew Newberg at Thomas Jefferson University. Recently, Newberg has been studying how different religious practices activate brain regions differently. For example, both meditating Buddhists and praying Catholic nuns have **increased** activity in brain areas involved with attention, planning, and reasoning. Meditation and prayer also **decrease** activity in brain areas responsible for processing temporal and spatial orientation. This agrees with the often reported loss of a sense of time and place during deep meditation and prayer.

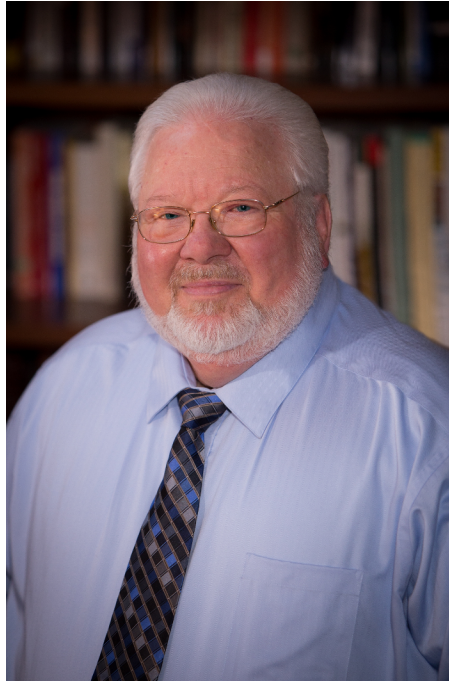
Newberg also found that Islamic prayer, which has the core concept of surrendering one's self to God, reduces the activity in brain regions involved with executive control, intentional behaviors, and decision making, so it makes sense that practice at relinquishing control would decrease activity in this brain area. These findings are not particularly controversial. More so are findings that electrically stimulating particular areas of the brain can **evoke** (cause) religious experiences, such as feelings of the presence of God.

There has been a long running conceptual debate when interpreting these neuroscience findings that can be boiled down to the simple question, "**Is God all in your head?**" Religious people may feel their beliefs dismissed by such atheistic sounding statements. But as people of faith, how might we understand neuroscience in relationship to our religious beliefs?

During the Princeton Theological Seminary Science for Ministry program, we had frequent discussions about the theological implications of the fact that we are "**embodied**" beings.

Embodied beings means our brain is the biological organ which we use to experience the world and reality. Everything, including religious experiences and emotions, **must** be experienced via our brain (our embodied mind). We may believe we have a God-given soul that returns to God, but everything we experience in life is processed through our biological brain. I would point to our Christian

belief that Jesus was both fully human and fully divine. To experience the world as fully human, Jesus was also an embodied human being.



We are all familiar with the old philosophical question: "If a tree falls in the woods and there is no one there to hear it, does it make a sound?" I would answer "**No**" it does not make a "**sound**." What the tree does when it crashes to the ground is compress the air molecules into waves. When those air pressure waves hit our ears, they cause physical movements of our ear drums and inner parts of our ears.

Those physical movements are converted into electrical impulses in living biological nerve cells that are connected to the primary auditory cortex in our temporal lobe. Nerve impulses originating from the ears are sent to multiple brain regions for processing, interpretation, and storage in the biological brain, and are experienced and understood by the embodied mind as the distinct crashing sound of a tree falling.

When we hear the sound of thunder or the beauty of a violin, we are not experiencing those things directly. Our sense organ, in this case our ears, is converting that wave energy into something our brain can understand, and we interpret and experience that as sound. We really hear with our brain. Sounds can be frightening and sounds can be beautiful, and that is another level of brain processing — attaching emotional significance to experiences of the external world.

Our brain is sitting in total darkness isolated inside our skull from the reality of the external world, except for the information our senses send inside our head! What is out there in the world is only **represented** in our brain, but it does represent something of the reality that is out there, just not reality in its totality. If our senses told us nothing useful about the reality of the world we live in, we would not survive long.

see *Conversations* on next page

Conversations, cont'd

I believe the same applies to brain regions involved with experiences of God and spirituality. We have no other way to experience reality except with our brain, limited as it may be. We are creatures designed by evolution, thus it follows that brain regions that serve as the place where these experiences occur are also the result of evolution.

Could these brain structures have evolved because they detect God and that is a survival advantage? Or could these brain structures have evolved for other purposes and simply generate experiences we interpret as God?

We come to God by faith, not because we can prove the existence of God. Is God only in our head, or is God really out there? After eons of evolution, do we humans now possess a sophisticated enough "brain" technology to just begin to get a glimmer of what we call God, and endlessly write volumes trying to express that mysterious experience?

I am reminded of the two Bell Lab scientists who were using newly available electronics and pointing their antenna at the heavens but kept getting static interference. They tried everything to get rid of the static, but nothing worked. Finally, they realized what they were measuring was actually

cosmic radiation left over from the birth of Creation (The Big Bang). God, like the cosmic radiation, was **always** present, but mankind had not yet evolved the brain technology to detect God.

Because we can evoke a religious experience by artificially stimulating a brain region does not mean such experiences cannot have origins outside our brain that **represent** our external reality.

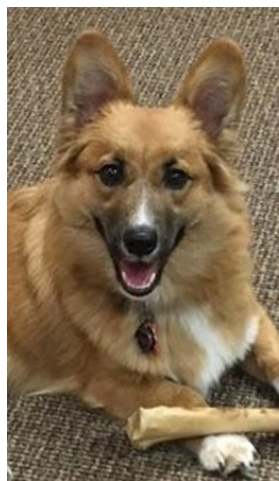
We do not know the true nature of God; we do not know what our internal experiences of God are representing. Some theologians say, "**God just IS, God is the IS-ness of IS,**" but as we became human, our brain seems to have evolved the ability to experience the "IS-ness" of God.

Faithfully,

Steven W. Mann, Ph.D.

Mark Your calendars For the Fall Trimester All-Parish Worship and Fellowship Event

We will gather to celebrate the anniversary of Trinity Buckingham's founding by worshiping together at ONE SERVICE at 9:30 am, followed by brunch and conversation with the vestry in Faith Hall on **October 28, 2018**.



Tally Marks

Try not to pounce on and pull all the stuffing and the squeaker out of everyone you meet. Friends last much longer when you play with them gently.

Trinity Buckingham Academy

— From the Board of Directors

Trinity Buckingham Church and the Trinity Buckingham Academy bid a fond farewell to Stephanie Elliot after 12 years of faithful and creative service as the Director of the Trinity Buckingham Academy (formerly Trinity Buckingham Nursery School).

Steph is leaving to spend more time with her husband and enjoy their recently empty nest and to discern where God might be calling her to use her many gifts next. We hope to honor Steph as a church at our Sunday, October 28, 2018 All-Parish Worship and Fellowship event.

(Due to low enrollment for the coming year, the Board has decided that the Trinity Buckingham Academy will not offer kindergarten classes).

The Trinity Buckingham Academy Board is pleased to welcome Alison Rose as interim director for the coming year. Alison returned to the staff of the Trinity Buckingham Academy in 2017 as a kindergarten teacher, and is excited about acting as director during a transition year. She will also be teaching the 3-year-old class.

— Meet Alison Rose

Alison graduated from Elon University in 1996 with a major in elementary education. She began her teaching career in California before relocating to Pennsylvania to teach in the Lower Merion School District from 1999-2004 where she taught second and third grade.

While at Lower Merion, Alison received her Masters at Saint Joseph's University with a specialty in reading before going on leave to raise her family.

Alison was eager to get back into teaching and she taught three-year olds at Trinity Buckingham Academy from 2008-2011 while her children attended the preschool.

After a couple of years at home raising her three kids, she joined the Trinity school again in 2017 as a kindergarten teacher. Alison looks forward to her new role teaching the four-year-olds and as Interim Director of Trinity Buckingham Academy.

Alison enjoys weekends on the soccer fields watching her children play. When she has her own free time, she enjoys reading and playing tennis.



June

1 Gregg Bittner
2 Austin Stalker
8 Jade Heaven
11 Benjamin Evans
15 Beth Mann
15 Robert Lord
16 Ben Jankowski
16 Marty Gillen
17 Anne V. Keller
23 Rose Hart
24 Lyla DeMaura
25 Corey McConeghy
27 Regina Gordon

July

2 Timothy Goggin
4 Eric Wanzer
4 Elizabeth Crooke
8 Alison Evans
15 Robert Kinney
21 Jerry Lasala
22 Ronald Callaghan
25 Ann Silcox
26 Linda Fielder
26 Deborah Bernhardt
27 Judy King
29 Alan Powell
30 Kirsten Siliani
31 Bonny McCabe
31 Alyson Marmor

August

2 Mary Beth Perisho
2 Nastia Becker
4 John Wayne Sadowski
5 Cornelia Humphries
6 Robert Smith
10 Ruth Brooks
10 John Brooks
11 Tom Gilbert
12 Connor Bannon
14 Nancy Wildermuth
15 Alesya Becker
16 Katherine Haeusel
19 Steven Mann
20 Janet DeCaprio
21 Heather O'Donnell
23 Deanna Romero
23 Margaret Perry
25 Ada Quinn
26 Rae Russell
30 Ryan Zak
30 Ellie DeMaura



September

7 Keith Goggin
10 Tyler Zak
12 Jorden Krauss
16 Paul Wildermuth
18 Stacy Stalker
19 Paulette Massias
26 Olivia Huddy
29 Shannon Shisler

October

1 Brooke Dougherty
2 Dave Romero
2 Marjorie Guidry
3 Joey Marmor
3 Danielle Badiali
4 Meredith Quinn
4 Courtney Quinn
6 Paige Dougherty
7 Ryan Smith
10 Thomas Reed
14 Ken Kitson Jr.
15 Karen Zak
17 Lynda Vesely
17 Paige Badiali
19 Al Fuchs
20 Sarah Wisnom
20 Carly Wisnom
10 Ian Kirchner
24 James Alexander
Bernard
25 Natalia Massias
26 Dave Huddy
28 Amy Conoscenti

November

1 Victoria Oliver
1 Mary Lou Erk
2 Linda Eichorn
3 Thomas Conoscenti
4 Fred Haeusel
7 Dan Wisnom
7 Nancy Robinson
7 Morley Ewing
8 Susannah Coleman
10 Olivia Kirchner
10 Jo Kiel
10 Tori Ann Goldbach
13 Julianne Prasto
14 Patrick Keller
24 Robert Duffy
25 Woody Kiel
27 Madelyn Bannon
30 Nathan Niedrist

Liturgy Corner

Q. Why are there two choices for the Old Testament reading and psalm during the Season of Pentecost?

A. The Revised Common Lectionary offers two tracks for the Sundays after Pentecost. Track 1 takes a semi-continuous narrative approach to the first reading, so that church members can better understand how the Old Testament stories fit together. So in Year A (the year of Matthew) we read mainly from Genesis and Exodus — the stories of Creation, the Fall, Abraham and Sarah, Isaac and Jacob, Joseph, and Moses.

In year B (the year of Mark, where we are this year), the Old Testament readings are taken mainly from the books of Samuel and Kings and follow the stories of Saul, David and Solomon.

In year C (the year of Luke) we read stories about Israel's great prophets — Elijah and Elisha, and hear the words of Amos, Hosea, Isaiah, and Jeremiah.

In Track 2, the readings are complimentary—that is, they are chosen to pair well with the Gospel reading because of a common theme or motif. For this reason, the Track 2 Old Testament lessons hop around, and are from a different part of the Old Testament each week.

The psalm is always a response to the Old Testament lesson, so one psalm is chosen to pair with the Track 1 Old Testament lesson and the other psalm is chosen to pair with the Track 2 Old Testament lesson.

When planning worship, churches are encouraged to make a choice to use one track or the other, and not to pick and choose which Old Testament lesson to use. Trinity Buckingham has chosen Track 1 for this three-year liturgy cycle. When Year A comes around again in Advent 2019, we will switch tracks.

In case you were wondering, we read different New Testament lessons (Acts, Paul's letters, Revelation) each of the three years in the lectionary cycle, so that every three years we will have heard most of the New Testament.

Bonus question — There are four gospels in the New Testament — why are there only 3 years in a lectionary cycle? What about the Gospel of John?

Bonus answer — The Gospel of John is read every year, at Christmas and during Lent, Holy Week and Easter. Because Mark is a shorter gospel, we read more of John during the season of Pentecost in year B.

Vestry

Dom DeCaprio, Senior Warden
Amy Conoscenti, Accounting Wardens
Elisabeth Goggin, Vestry Secretary

The Rev. Dr. Nancy Dilliplane, Rector
The Rev. Matthew Simpson, Deacon
Dom DeCaprio, Senior Warden
Amy Conoscenti
Meghan Dennis
Elisabeth Goggin
Paul Harar
Dave Huddy
Bob Kinney
Jon Marino
Bonnie McCabe
Joe McLean
Don O'Hara
Olivia Huddy, Youth Rep

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Deputies to Diocesan Convention

Dom DeCaprio, Janet DeCaprio, Jill Unger

Joanne Welker (Alternate)

Deanery Delegates

Marty Gillen, Kathi Sadowski, Judy Krauss

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Dr. Regina Gordon, Minister of Music
Martha Dudich, Organist
Bernadette Gross, Prayer Chain Coordinator
Dave Romero, Treasurer
Sallee Lord, Sunday School Director
Lauren Gillen, Newsletter Editor

Worship

8 am Holy Communion, Rite II
9:15 am Children of all Ages Service
10:15 am Holy Communion, Rite II
with Organist and Choir

Office Hours

10:00 am to 2 pm
Monday – Thursday
Closed Friday

Trinity's Mission

*Christ in our hearts, sharing God's
love, God's work through our
hands, serving God's people.*

